



The Safe Mobility for Life Coalition's mission is to implement a strategic plan to increase the safety, access, and mobility of Florida's aging road users while eliminating fatalities and reducing serious injuries.

Florida's Aging Road User Strategic Safety Plan identifies goals, objectives, strategies, performance measures, and action steps to implement improvements in the specific focus areas:

Aging in Place

- » Promote design features that support lifelong communities and safe mobility for all road users.
- » Increase the number of Lifelong Communities throughout the state.

Licensing and Enforcement

- » Educate law enforcement and licensing personnel on recognizing, assessing, and reporting at risk drivers.
- » Identify and develop policies that address the needs of aging road users.

Program Management, Data and Evaluation

- » Responsible for Coalition activities and the need to sustain active participation.
- » Work to ensure data availability for all teams and the program as a whole.

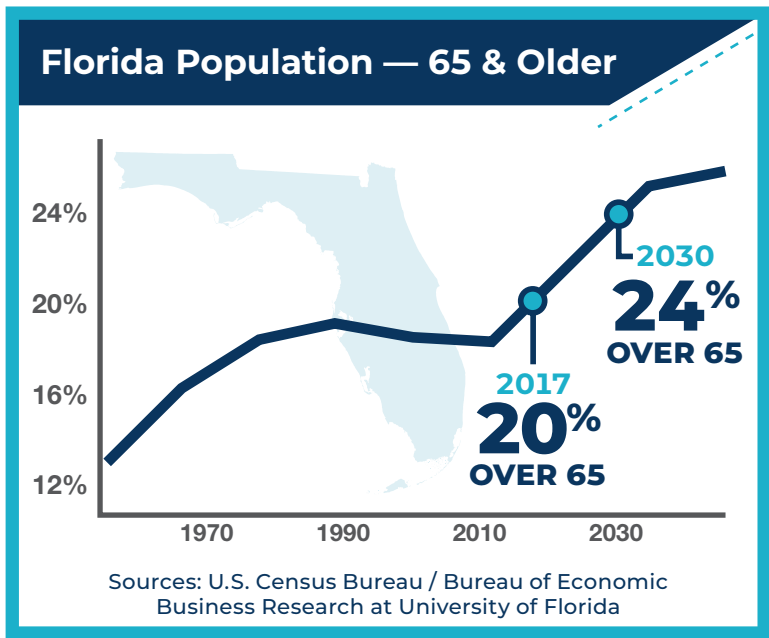
Member Organizations

The following organizations represent the Safe Mobility for Life Coalition and all have responsibilities and/or interests in aging road user safety and mobility.



Today's older adults are not only living longer, they are driving longer and for more miles. Florida leads the nation with 20 percent of its population aged 65 or older. By the year 2030, it is projected that 1 in 4 drivers will be 65 years or older.

While drivers 65+ tend to have fewer fatalities and serious injuries than any other age group, the numbers of incidents involving this age group are increasing.



To maintain quality of life and prevent isolation, older adults must continue to safely get from place to place even after transitioning from driving.

Why it's important

Non-drivers make:


15%
fewer trips to
the doctor


59%
fewer shopping
trips



65%
 er trips for social, family
 and religious activities

Source: Preserving the Mobility and Safety of Older Americans;
TRIP: March 2018



Safe Mobility for Life Coalition

The Florida Department of Transportation's Safe Mobility for Life Program partnered with the Pepper Institute on Aging and Public Policy at Florida State University to create the Safe Mobility for Life Coalition.

Coalition members work together to improve aging road user safety and mobility by achieving a reduction in their fatalities, serious injuries, and crashes while maintaining their safe mobility and connection with the community.

The Keys to Achieve Safe Mobility for Life

The Safe Mobility for Life Coalition believes that “you hold the keys to your transportation future.” To help Floridians stay safe and mobile for life, the Coalition promotes the keys to achieve safe mobility for life:



UNDERSTAND the impact aging has on driving



BE PROACTIVE about safe driving skills



PLAN for a safe transition from driving

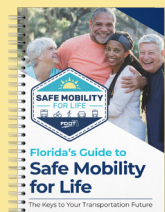


Safe Mobility for Life Resource Center

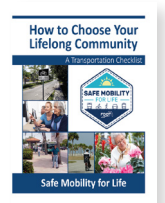
The following materials were developed to support the mission of the Coalition and distributed through the Safe Mobility for Life Resource Center at the Pepper Institute on Aging and Public Policy.



Aging Road User Strategic Safety Plan shows the Coalition's data-driven and evaluation based strategic safety plan.



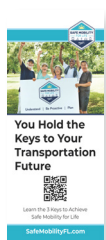
Florida's Guide to Safe Mobility for Life is a workbook developed to educate Floridians on how to achieve mobility independence even beyond the driver's seat.



How to Choose Your Lifelong Community Checklist was created to help individuals learn how well a community meets their mobility needs.



Families and Caregivers brochure provides tips for talking with aging drivers about safe driving concerns as well as the reporting process for an unsafe driver.



Keys to Your Transportation Future tip card promotes the three keys to remain safe and mobile for life along with how to find additional resources.



How to Use Find a Ride Florida tip card takes you through the three simple steps to use FindaRideFlorida.org, an online listing of transportation providers in all of Florida's 67 counties.

Roadway improvements are made to help residents with visual and physical limitations associated with aging. The following tip cards were developed to help identify and safely navigate:

- » Roundabouts
- » Right Turns
- » Flashing Yellow Arrows



Tips on How to Use Transportation Options in Florida is a series that contains tips and resources on how to use:

- » Bicycling
- » Golf Carts
- » Public Transit
- » Transportation Network Companies



SafeMobilityFL.com was created to provide safety and mobility resources to our stakeholders all in one place. Now you can order any of the above materials directly from the Resource Center page.

To request outreach materials, contact the Safe Mobility for Life Resource Center

Call: (850) 644-8426

Email: contact@safemobilityfl.com

Visit: SafeMobilityFL.com/ResourceCenter.htm



SafeMobilityFL.com



Presentations & Workshops

In addition to developing and distributing educational materials, we have created interactive workshops to help educate older adults on the keys to safe mobility for life and how to get around their community using alternatives to driving.

The Safe Mobility for Life workshop was developed as an in-classroom presentation to educate older adults on the three keys to achieve safe mobility for life and to share resources.



The Safe Walking for Life workshop was developed in partnership with **Alert Today Alive Tomorrow** to increase the awareness and knowledge among older Floridians on the benefits and risks of walking and how to mitigate those risks to increase safety.



The Safe Transit for Life workshop was developed in partnership with the **Florida Public Transportation Association** to educate on and increase the use of public transit among older adults. It includes a trip on the area's local transit to a nearby destination for real time riding experience.



CarFit

CarFit is an educational safety program created by the American Society on Aging and developed jointly with AAA, AARP, and the American Occupational Therapy Association, designed to help aging drivers improve the "fit" of their vehicles for safety and comfort.

Events are held statewide to promote safe driving conversations and provide community safety and mobility resources. The free, 20-minute check-up uses a team of trained volunteers, including occupational therapists, to assist older drivers with items such as:

- » Clear line of sight over the steering wheel
- » Safe space between the front air bag/steering wheel and the driver
- » Proper seat belt use and fit
- » Safe positioning of mirrors to minimize blind spots



For workshops and program information, contact the Safe Mobility for Life Program Manager
Call: (850) 410-5414
Email: contact@safemobilityfl.com

To find a CarFit event near you or learn more about how you can be involved, contact the Statewide CarFit Coordinator
Call: (850) 644-8145
Email: mcase@fsu.edu
Visit: www.Car-Fit.org